

# PWR PRESIDENTS WINTER RETREAT

FEBRUARY 6 - 7, 2010 | BOULDER CREEK, CALIFORNIA



ROTARY INTERNATIONAL | INTERACT 5170

PAGE 1

## TO CURRENT CLUB PRESIDENTS AND FUTURE PRESIDENTS,

Congratulations on completing your first semester of SERVICE ABOVE SELF as Interact Club President! By now you are actively completing community service projects, planning fundraisers, and raising awareness for our international project END POLIO NOW. To help you finish the year strong and develop new leadership for your club, you and your presidential candidates are invited to attend the Presidents Winter Retreat, a special leadership program provided by the District Council of Interact 5170. This overnight program will be held at the YMCA Camp Campbell on **February 6<sup>th</sup>-7<sup>th</sup>, 2010**. The retreat is a great chance to meet and mingle with dedicated leaders like you from all over the district. During this retreat, you will participate in a series of fun and interactive workshops to further develop your leadership skills, gain inspiration from a keynote speaker, and share ideas and experiences with your peers. PWR will prepare you for the remaining months of the year while giving you the opportunity to form new friendships in a fun and relaxed mountain setting.

The retreat cost is **\$85** per person. We suggest you contact your sponsoring Rotary club and inform them of the value of the retreat for your Interact club and ask them to either underwrite or share the cost. To attend, fill out the attached registration form and send it with \$85. It must be received by **Friday, January 15<sup>th</sup>, 2010**. **Late forms will be considered on an exception basis only!**

We look forward to sharing the PWR with you!

**PEACE LOVE INTERACT PEACE LOVE INTERACT**

Raymond Wong, Governor

Vivian Shen, Lt Governor

## REGISTRATION INSTRUCTIONS

### Step One

Complete the registration form

### Step Two

Make check payable to  
**Rotary Club of San Jose  
Sunrise**

**DO NOT MAIL CASH !!!!!**

### Step Three

Mail registration form **AND** check to:

Interact 5170 PWR  
c/o Quantera Systems  
96 N. 3<sup>rd</sup> Street, Suite 150  
San Jose, CA 95112

Registration must be received by **6 PM Friday, January 15<sup>th</sup>, 2010**. No refunds thereafter.  
Any Questions? Please call Frida or Bob at 408-280-7587

# PWR PRESIDENTS WINTER RETREAT

FEBRUARY 6 - 7, 2010 | BOULDER CREEK, CALIFORNIA



ROTARY INTERNATIONAL | INTERACT 5170

PAGE 2

## REGISTRATION, CONSENT, AND WAIVER FORM

Name: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Interact Club of: \_\_\_\_\_ Area #: \_\_\_\_\_

Sponsoring Rotary Club: \_\_\_\_\_

I give permission for my child to attend **Presidents Winter Retreat** and to travel in a car or public transportation, including any emergency situations. I give permission for my child to walk to and/or participate in activities geared for my child under the supervision of Rotary District 5170 or any authorized employees of YMCA of the Redwoods. I further agree to assume responsibility for any liability, which may arise out of ordinary negligence or otherwise, with the exception of acts of gross negligence, or intentional, willful or wanton misconduct. On behalf of myself, my heirs, assigns, child, and next of kin, I waive all claims for damages, injuries and death sustained to my child or property that I may have against Rotary District 5170 or YMCA of the Redwoods for such activity whether caused by the ordinary negligence of the released party or otherwise, with the exception of acts of gross negligence, or intentional, willful or wanton misconduct.

Parent (or Guardian) Name: \_\_\_\_\_

Emergency Contact Phone Number: \_\_\_\_\_

Parent (or Guardian) Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**ALL VOLUNTEERS INVOLVED WITH THIS RETREAT WILL HAVE RECEIVED THE ROTARY INTERNATIONAL YOUTH PROTECTION TRAINING.**

# PWR PRESIDENTS WINTER RETREAT

FEBRUARY 6 - 7, 2010 | BOULDER CREEK, CALIFORNIA



ROTARY INTERNATIONAL | INTERACT 5170

PAGE 3

## AGENDA (subject to change)

### Saturday, February 6, 2010

9:30 - 10:00	Registration, Snacks, & Luggage Drop Off (Dining Hall)
10:15-10:30	Welcome Session & Introductions (Dining Hall)
10:40 – 12:15	Team-building Activity (Rec Hall)
12:20 – 1:00	Keynote Speaker (Rec Hall)
1:00 – 2:00	Lunch (Dining Hall)
2:05 – 2:45	Workshop Rotation 1 (Dining Hall)
2:50 – 3:30	Workshop Rotation 2 (Rec Hall)
3:35 – 4:15	International Project (Rec Hall)
4:20 – 5:00	Workshop Rotation 3 (Sommer's Lodge Pit)
5:05 – 5:45	Workshop Rotation 4 (Sommer's Lodge Pit)
5:50 – 6:50	Dinner (Dining Hall)
7:00 – 8:00	Night Hike (weather permitting)
8:15 – 9:30	Interact Skit Competition(Campfire; Rec Hall- if rains)
9:30 – 11:30	Dance & Social Time (Sommer's Lodge)
11:30 +	Sleep (Cabins)

### Sunday, February 7, 2010

8:00 – 9:00	Breakfast (Dining Hall)
9:00 – 10:00	Ethics Workshop (Rec Hall)
10:00 – 11:00	Pack/Free Time (Cabins & Campsite)
11:00 – 12:00	Evaluation/Closing Session (Dining Hall)

## LOCATION

### YMCA Camp Campbell

16275 Highway 9

Boulder Creek, CA 95006

(831) 338-2128



### CLOTHING AND EQUIPMENT LIST

Listed below are recommended and optional items for your overnight stay. Since the weather is always unpredictable, make sure you are prepared for any surprises. Also, make sure to label all your belongings and bags.

#### Highly Recommended for Overnight Visits

- Warm sleeping bag
- Pillow
- Bath Towel
- Alarm clock
- Toiletries (toothbrush, toothpaste, soap, washcloth etc.)
- Pajamas
- Day Clothes
- Socks and Undergarments

#### Optional Items

- Hat
- Gloves or mittens
- Jacket - A lightweight lined parka with a hood is a good choice
- Sweater - Wool is best
- Sunglasses
- Small flashlight
- Camera and film
- Rain gear (poncho, umbrella, boots, etc)
- Water bottle
- Sunscreen
- Games